

Todd Caldecott, Dip. Cl.H., RH(AHG)

Medical Herbalist, Ayurveda practitioner

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Education

2004 - Present: Ongoing, mentorship with Vaidya Madhu Bajra Bajracharya, Piyushabarshi Aushadhalaya, Kathmandu, Nepal

- *Vaidya Madhu represents an unbroken lineage of hereditary physicians since the 13th century CE*
- *working relationship that involves several aspects, including research and publication, pharmacy, and education*

2003: Certificate, Thought Field Therapy (TFT); Loretta Mohl, instructor, Calgary AB

2003: Certificate, Usui Reiki Levels I/II; Dorothy Bishop, Calgary AB

1996-97: Certificate, Aarsha Yoga Vidya Pitam (360 hours), Arya Vaidyan Rama Variar Educational Foundation of Ayurveda, Arya Vaidya Chikitsalayam (Hospital), Coimbatore, India; Dr. V. Vasudevan, Director.

- *intensive training in Ayurvedic medicine and Ashtanga Yoga at an Ayurvedic hospital and training center*
- *observed and practiced under the supervision of Ayurvedic doctors*

1996: Diploma (Dip. Cl.H.), Clinical/Medical Herbalist program (1800 hours), Coastal Mountain College of Healing Arts, Vancouver BC; Chanchal Cabrera (MNIMH, AHG) and Rowen Hamilton (MNIMH, AHG), Directors.

- *three year clinical training in phytotherapy (Western herbal medicine), including anatomy and physiology, pathology, materia medica, herbal therapeutics, pharmacognosy, clinical nutrition, and clinical assessment*
- *completed 400 hours of supervised clinical practicum*

1995: Certificate, Ayurveda (72 hours) and apprenticeship; T. Sukumaran BAMS, Vancouver, BC

- *introduction to the theory and practice of Ayurveda, clinical observation and mentorship training*

1995: Certificate (112 hours); WonderTree Institute for Natural Lifelong Learning, Vancouver, BC

1994: Ayurvedic Bodywork (72 hours), Jaisri Lambert. Wild Rose College of Natural Healing, Vancouver, BC

Industry Experience – Clinical Practice

2006 – Present: Medical Herbalist, Private practice, Vancouver, BC, Canada

2004 – 2005: Medical Herbalist, Private practice, Chaguanas, Trinidad and Tobago

1999 – 2004: Medical Herbalist, Wild Rose Wholistic Clinic, Calgary, AB, Canada

1997 – 1999: Medical Herbalist, Kutenai Herbal Clinic, Nelson, BC, Canada

1996 – 1997: Ayurvedic bodywork, Hands On Healing, Vancouver, BC, Canada

Industry Experience – Teaching and Instruction

2012 - Present: Executive Director, Dogwood School of Botanical Medicine, Vancouver BC

- *providing distance learning and mentorship training for aspiring clinicians and established clinicians looking to upgrade their skills*

2016 – Present: Featured presenter, The Ayurveda Experience, Delhi, India

2014, June: Mitchell Visiting Scholar for 2014, Bastyr University, Kenmore WA

- *provided instruction to ND and Herb students enrolled at Bastyr University over a two week period, as well as gave the keynote at the Bastyr Herb Fair*

2013, September: Featured speaker, 24th American Herbalists Guild Symposium, Bend OR

- *presented papers on respiratory disorders and samsarjana krama (graduated diet), and lectured on the epistemology of medicine*

2013, June: Featured speaker, 7th AAPNA Conference, Vancouver BC

- *presented a paper entitled 'The Natural History of Metabolic Syndrome in Ayurveda'*

2011, 2012, 2013; July: Featured speaker, Montana Herb Gathering, various locations

- *lectured on many subjects at this community orientated event, from nutrition to psychology*

2011, October: Featured Speaker, Traditions of Western Herbal Medicine Conference, Albuquerque NM

- *lectured on the causes of disease in Ayurveda (panchavidha karana), diagnosis in Ayurveda (ashtasthana pariksha), and digestive disorders and treatment*

2006 – 2016: Instructor, various YTT programs throughout British Columbia, e.g. Prana Yoga College (Vancouver), Vancouver School of Bodywork and Massage (Vancouver), Shanti Yoga (Nelson)

- *responsible for delivering content on Ayurveda, food and nutrition*

2007 – 2013: Instructor, Boucher Institute of Naturopathic Medicine

- *substitute instructor, botanical medicine department*

2006 - 2007: Instructor, Langara College, Centre for Holistic Health Studies, Vancouver, BC

- *responsible for instructing a comprehensive program in Ayurveda*

1998 – 2004: Senior Lecturer/Director of Clinical Herbal Studies, Wild Rose College of Natural Healing, Calgary, AB, Canada

- *responsible for the development of a three year clinical training program in herbal medicine administering and co-ordinating different facets of the program*
- *senior lecturer in anatomy and physiology, pathology, clinical assessment, materia medica herbal therapeutics, pharmacy, Ayurvedic medicine, and clinical practicum*

2002, October: Featured Speaker, American Herbalists Guild symposium, Aurora University WI

- *presented a paper entitled 'Amavata: Inflammatory Joint Disease in Ayurveda'*

2001, April: Featured Speaker, Faculty of Medicine lecture hall, University of Calgary, Calgary, AB

- *co-lectured with Dr. Remo Panaccione, Assistant Clinical Professor, Gastroenterology, University of Calgary*

1999, July: Instructor, Douglas College, Introductory Herbal Medicine, Hollyhock Centre, BC

- *presented a two week, full-time course in introductory herbal medicine at Hollyhock resort*

1997 – 1998: Instructor, Selkirk College, Nelson, BC, Canada

- *lectured on the medicinal uses of local non-timber forest products for trained professionals and forestry students*

Industry Experience – Research and Product Development

2010: Product Development Consultant, Pure Indian Foods

- contributed to the development of a line of medicated ghee products (*ghritam*)

2009: Product development consultant, GFR Pharma, Maple Ridge BC

- assisted in the development and formulation of various consumer wellness products

2006 - 2010: Technical Advisor, Sewanti Ayurvedic Series, Vancouver, BC, Canada

- developed and assessed technical material for a new Ayurvedic line, including Natural Product licensing and labeling
- developed sales training material and marketing copy

2006 - 2007: Scientific Writer, Vitality Works, Albuquerque, New Mexico, USA

- developed marketing copy and technical material related to herbal products and formulae

2004 – 2005: Curriculum Director, Renew Life Formulations, Clearwater, FL, USA

- curriculum development for sales staff, product formulation, research and development, marketing

2004 – 2006: Consultant Herbalist, Skyline Distributing, Calgary, AB, Canada

- development of a line of veterinary herbal products for horses

2001 – 2004: Consultant Herbalist, Chiron Organic Farm, Calgary, AB, Canada

- development and manufacture of herbal products (*tinctures, percolations, herbal decoction blends*)

1998 – 2002: Consultant Herbalist, Sunshine Bay Botanicals, Procter, BC, Canada

- non-timber forest product (NTFP) research in the Harrop-Procter Community Forest

Published Work - Highlights

Caldecott, Todd. 2013. *Inside Ayurveda: Clinical Education for the Western Practitioner*. Vancouver: PhytoAlchemy

Caldecott, Todd. 2011. *Food As Medicine: The Theory and Practice of Food*. Vancouver: PhytoAlchemy

Bajracharya MB, Tillotson AK, Caldecott T. 2009. *Ayurveda In Nepal: The Teachings of Vaidya Mana Bajra Bajracharya*. Shelbyville, KT. Wasteland Press

Caldecott, Todd. 2006. *Ayurveda: The Divine Science of Life*. Edinburgh UK: Elsevier/Mosby

Caldecott, Todd. 2004 – 07: Columnist, Red Flags Daily (<http://www.redflagsdaily.com/columnists/caldecott>)

Caldecott, Todd. 2003. Thomsonism and Ayurveda. *JAHG* 4(1)

Caldecott, Todd, Alan Tillotson and K.P. Singh. 2001. Triphala: Modern Medicinal Uses for a Traditional Ayurvedic Formulation. *Can J Herb.* 22 (2) 16-23, 42-44

Caldecott, Todd and Evan McKenzie, R.P. Bio. 2001. *Summary of the Medicinal Plant Research Fieldwork of 2000 in the Harrop-Procter Community Forest*. Nelson, BC: Evan McKenzie Ecological Research

Caldecott, Todd. 2000. An Introduction to Ayurvedic Pharmacology. *JAHG* 1(1), 18-25

Caldecott, Todd. 2000. Case history: ventricular tachycardia. *JAHG* 1(1), 29.

Affiliations

2016 – Present: National Medical Association of Ayurveda, Certified Ayurveda Practitioner

1998 – Present: American Herbalists Guild (AHG), Professional Member